

Food Miles Detective

Your mission: pick 3 things from your lunch, or something from a recent food shop. Check the country of origin on the packaging (or ask an adult), then use the calculator at [foodmiles.com](https://www.foodmiles.com) to find out how far each one has travelled to reach you.

1. Investigate

	FOOD ITEM	COUNTRY IT CAME FROM	DISTANCE (MILES)	HOW DO YOU THINK IT TRAVELLED?
1				
2				
3				

2. Compare

Which item travelled the furthest?

Which item travelled the least?

3. Think about it

Were you surprised by any of these distances? Why, or why not?

Can you think of one way to choose food that hasn't travelled as far?

If you added up the distance for everything in your lunch, do you think it would be higher or lower than these 3 items alone? Why?

